THE STROOP TEST

The Stroop Test is a fun game; simply read the word aloud! Time yourself on how long it takes you to complete this challenge, and how many mistakes you make.

Red	Black	Yellow	Green	Blue	Pink
Orange	Blue	Pink	Purple	Brown	Red
Yellow	Brown	Green	Black	Orange	Blue
Green	Orange	Purple	Red	Yellow	Brown
Pink	Red	Green	Blue	Purple	Orange
Blue	Purple	Yellow	Orange	Pink	Green

Did you notice how much harder it was to read the words that didn't match their color? That's because your brain combines the color of the word to the word itself, mixing up the information and causing you to make mistakes.